

Our hearts go out to our friends and neighbors so devastated by Hurricane Matthew. We were looking for ways to help and wanted to share what we found. The Salvation Army, American Red Cross, and the Food Bank of Central and Eastern North Carolina are helping victims of this disaster, supplying "life-sustaining food, water and basic non-food essentials to the thousands affected." Visit their websites to learn how you can donate or volunteer. Please join us in making whatever contribution you can.

The Salvation Army

[American Red Cross](#)

[Food Bank of Central & Eastern North Carolina](#)

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