

Even a minor injury can result in severe pain and lost mobility. If your neck injury is work-related and you need time off to heal, a North Carolina neck injury attorney can help you understand your options for getting the treatment you need and recovering lost income.

## Types of Neck Injuries That May Be Covered by Workers' Comp

A neck injury can severely limit your ability to engage in daily tasks, including those tasks that are essential to do your job. If you suffered a neck injury at work, you may be able to receive [workers' compensation benefits](#). Unfortunately, many workers do not realize that workers' comp covers neck injuries beyond neck fractures. While a neck fracture would obviously be covered, workers' comp will cover any type of neck injury sustained at work that makes it difficult or impossible to do your job. You may be able to file a workers' compensation claim for the following neck injuries:

- Neck or cervical sprains and strains
- Osteophytes, aka "bone spurs"
- Osteoarthritis

Whatever type of neck injury you suffered at work, be aware that you have options if you are in pain and unable to do your job. A North Carolina neck injury attorney can guide you through your options.

## Cervical Strains and Sprains

Cervical strains and sprains are some of the most common work-related neck injuries. A sprain is an injury to the ligaments in the neck, while a strain is an injury to the muscle itself. The terms "sprain" and "strain" are often used interchangeably because a person who suffers a neck sprain also suffers a neck strain.

While many strains and sprains are caused by an accident in the workplace, they often "just happen." Maybe you twisted a certain way and suddenly your neck seized up. Whatever the case may be, you may be entitled to workers' comp benefits if you can demonstrate that it was caused by a "specific traumatic incident" even if you were not

involved in an accident. If your employer believes you do not have a claim because there was no accident, contact a North Carolina neck injury attorney as soon as possible.

## Bone Spurs and Arthritis

Bone spurs and arthritis are common degenerative conditions that can develop in the neck over time. As such, these conditions are not covered by workers' compensation. This is a situation where you may qualify for workers' compensation if you can demonstrate that your condition triggered a neck injury as a result of a specific traumatic incident. A North Carolina neck injury attorney will know what documentation you will need to provide in order to pursue a successful workers' compensation claim.

## Have You Suffered a Neck Injury at Work? Contact Martin & Jones Today

At Martin & Jones, we know what it takes to get the results our clients depend on. To discuss your injury and whether you might qualify for workers' compensation, contact us today at 800-662-1234 to schedule a free consultation.