If you are given the choice, the decision between having a C-section or a vaginal delivery is an entirely a personal one. There are many pieces of information to consider. One of those considerations has just been made a bit clearer by a study described in the New York Times. Research has now shown that there is no increase in the rate of learning disabilities in children who were exposed to anesthesia when being delivered via C-section. Women who deliver unexpectedly by C-section can also be reassured by this study.

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