

If you are given the choice, the decision between having a C-section or a vaginal delivery is an entirely a personal one. There are many pieces of information to consider. One of those considerations has just been made a bit clearer by [a study described in the New York Times](#). Research has now shown that there is no increase in the rate of learning disabilities in children who were exposed to anesthesia when being delivered via C-section. Women who deliver unexpectedly by C-section can also be reassured by this study.

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