

Most of us depend on our knees to perform everyday tasks without even knowing it. As a result, a knee injury can make it difficult, even impossible, to do your job depending on your career. If your knee injury is work-related, however, you may be able to pursue a claim for [workers' compensation](#). If you have suffered a knee injury at work, a North Carolina knee injury attorney can help you get the compensation you need to cover your medical bills and lost income.

Common Knee Injuries That May Qualify for Workers' Compensation Coverage

In order to qualify for workers' comp benefits, you need to be able to prove that your knee injury was work-related. Assuming that it is work-related, you can receive workers' compensation for knee injuries sustained in an accident or knee injuries that are the result of overuse. Some of the most common knee injuries that qualify for workers' comp include the following:

- Bursitis
- Tendonitis
- ACL and MCL tears
- Meniscus tears
- Sprains and strains
- Fracture of the kneecap
- Dislocations

Knee injuries typically result in a great deal of pain and discomfort and can make it difficult or impossible to stand, walk, lift, drive, and perform other aspects of your job. In addition, many knee injuries require surgery to repair the damage which may require several weeks, possibly even months, to fully heal. If you have suffered a knee injury at work, you may be entitled to workers' compensation benefits.

Careers That Commonly Experience On-the-Job Knee Injuries

While any job can result in a knee injury, some jobs are more prone to causing knee injuries than others. Jobs that typically require walking, climbing, lifting heavy objects, or just spending hours on your feet can eventually result in a knee injury. For example:

- Furniture movers
- Plumbers
- First responders – police officers, firefighters, and EMTs
- Nurses, doctors, and other healthcare professionals who spend long hours on their feet
- Laborers and [construction workers](#)
- Food service workers

Whatever your job, a North Carolina knee injury attorney can help you file for workers' comp benefits if you have suffered a work-related knee injury.

How a North Carolina Knee Injury Attorney Can Help

Many workers who suffer a knee injury are unsure of what to do. If you are unable to work due to a knee injury and are unsure what to do, a lawyer can provide you with the guidance you need. Some of the ways that they can help are as follows:

- They can determine whether you have a workers' comp claim. To qualify for workers' comp, you must be able to prove that your knee injury is work-related and that it impacts your ability to work in some way. For example, sore knees from playing basketball in your spare time would not qualify for workers' compensation.
- They can file your claim for you. Most workers' comp claims that get rejected are denied because of insufficient documentation. Your lawyer will know what documentation you will need to successfully pursue a workers' comp claim.
- They can advocate for your rights. Proving that your knee injury was work-related or that it prevents you from working is sometimes more difficult than people expect. Disputes can also arise over what medical treatment should be provided. Your lawyer can advocate for you so that you can get the treatment and benefits you deserve.

Speak with a North Carolina Knee Injury Attorney Today

The sooner you contact Martin & Jones, the sooner we can help. Call us today at 800-662-1234 or [contact us online](#) to schedule a free consultation with a North Carolina knee injury attorney who can help you start moving toward a full recovery.